

Make the most of your child's visit

For an effective examination, your eye care professional needs to know as much as possible about your child. Fill out this form to remind you of your concerns — and the information needed; then print it out and take it with you.

1. Describe any vision problems your child seems to be having.

- Apparent loss of vision
- Holds objects close to eyes
- Rubs eyes excessively
- Shuts or covers one eye
- Blinks more than usual
- Squints eyelids together or frowns
- Crossed or misaligned eyes
- Bulging of one or both eyes
- Recurring eye infections
- Red-rimmed, encrusted or swollen eyelids
- Inflamed or watery eyes
- Other

2. Describe any eye injuries or surgery.

Date : _____
Hospital: _____
Doctor: _____
Procedure: _____

3. Describe any other health problems.

Allergies: _____
Chronic health problems: _____
Operations: _____
Other: _____

4. Note any prescription or over-the-counter drugs your child is taking, regardless of whether they are eye-related.

5. List any family history of eye problems.

- Nearsightedness
- Farsightedness
- Astigmatism
- Glaucoma
- Cataracts
- Other